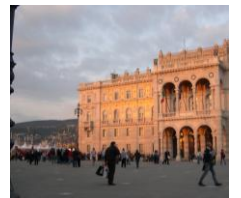
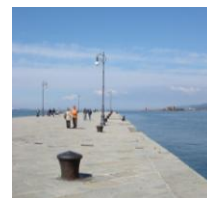




July 23 - 25, 2010
Trieste, Italy





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AMERICAN BOWL INTERNATIONAL CAMP JULY 23 – 25, 2010 Trieste, Italy

- Organized by the Mustangs Trieste in collaboration with AIGFA (Associazione Italiana Giocatori Football Americano – Italian Association of American Football Players)
- In the city of Trieste where the first American Football championship was held way back in 1948
- The highlight of the event is on Saturday 24 July at 8.30 pm when the USA THUNDERCATS play the 6th AMERICAN BOWL against Slovenia.

This educational sport event is aimed at Italian players and amateurs as well as those from other European countries such as Slovenia, Croatia, Serbia, Austria, Hungary, Czech Republic and Germany.

The objective is to provide the opportunity for European American Football players to increase their technical and tactical knowledge by transferring many secrets of this sport on the field and in the classroom. There is also an important social-cultural component in merging together all the athletes with the same passion from different countries.

The didactic content will be handled, in collaboration with the Italian National Head Coach, by US coaches and/or players who have been involved during their careers with the NFL (National Football League) and, prior to that, with the main American Colleges.

The practical activities will take place on the synthetic “G. Ferrini” playing field in Trieste, used for the official American Football matches.

COACHING STAFF

The players participating in the CAMP will be working under the responsibility of a top level TECHNICAL STAFF.

BROCK OLIVO, Head Coach for the Italian National Team, previously played as running back for the DETROIT LIONS (NFL) and MISSOURI UNIVERSITY where he won a place in the HALL OF FAME

SCOTT KOWALKOWSKI, played as linebacker for the PHILADELPHIA EAGLES, the DETROIT LIONS (10 years in the NFL) and for NOTRE DAME UNIVERSITY

LAMONT WARREN, played as running back for the INDIANAPOLIS COLTS, NEW ENGLAND PATRIOTS and DETROIT LIONS (8 years in NFL) and COLORADO UNIVERSITY

KRIS HAINES, played as wide receiver for the CHICAGO BEARS and NOTRE DAME UNIVERSITY where he was (the famous) JOE MONTANA's favorite receiver and with whom he entered the COTTON BOWL (famous college final game) HALL OF FAME

JUSTIN MC KENZIE, trained with the TORONTO ARGONAUTS (CFL) and played as a professional with the ARENA FOOTBALL and the NIFL. He played for AQUILE FERRARA, where he won the SILVERBOWL, and has enormous experience at a European level both as a player and as a coach

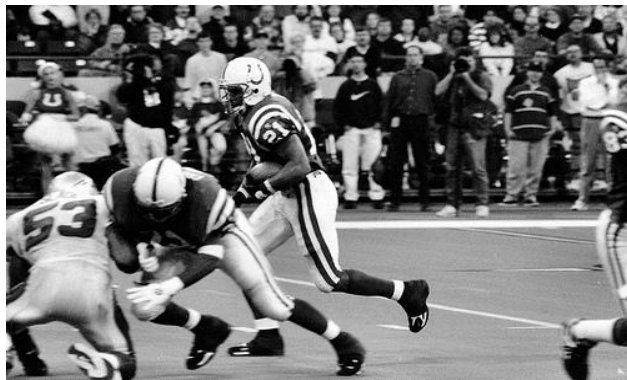
RICHARD BONDS, a very long career as coach in the USA and Europe. He is currently coaching in Germany. He won the SWISS BOWL with the ZURICH RENEGADES and last year was part of the Danish National Team's Coaching Staff during the European Championship

In order to allow participants to acquire the secrets of this sport during both technical sessions on the field and theory, additional Italian and foreign coaches will also be present. Their names will be announced in the next few days.

PROGRAM

FRIDAY, 23 JULY 2010

08.30	Registration of participants
09.30	Presentation Camp and Staff
10.00	Warm Up
10.30	Individual Drills for each area
11.30	Water Brake
11.45	Individual Drills for each area
12.45	Showers and Lunch
14.30	AIGFA Trophy award
14.45	Video and Theory for Players by the Staff
18:00	Check in to hotels
20:30	Pizza party
23:00	End of program



SUNDAY, 25 JULY 2010

09:00	Theory for the players by Referee
10.15	Warm Up
10.45	First Scrimmage
11.45	Water Brake
12.00	Second Scrimmage
13.00	Showers
13.30	End of Program, Awards and Credits

WE ARE EXPECTING 8 QB, 18 WR, 18 OL, 13 RB, 8 TE, 17 DL, 15 LB, 17DB.

ARE YOU ONE OF THESE?

HURRY UP! THERE ARE ONLY A FEW PLACES LEFT!

SATURDAY, 24 JULY 2010

09:00	Theory Players
10.00	Warm Up
10:30	Inside Run and 7-a-Side
11:00	Water Brake
11.45	Special Teams
12.45	Showers and Lunch
14:30	Video and Theory for Players by the Staff
16.30	Inside Run and 7-a-Side
18.00	Showers and Relax before the game
20:00	American Bowl Teams - warm up
21:00	American Bowl & BBQ party



HOW TO REGISTER FOR THE CAMP

You can register on-line through the following website: www.camp.americanbowl.org. Click on the "on-line registration" button and follow the instructions.

The Registration Fee can be paid on-line by **credit card**.

If you prefer to make a **bank transfer** (please specify "CAMP TS 2010" in the description), the Fee should be credited into the organizer's bank account within one week from the on-line registration date, failing which the registration will be considered null and void. The deadline for registration with bank transfer payment is **5 July, 2010**

Please send copy of the bank transfer order to fax number +39 040 7600123.

Registration will only be considered completed on receipt of the payment and will be confirmed by e-mail.

The final deadline for registration is **10 July, 2010**.

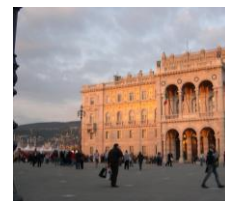
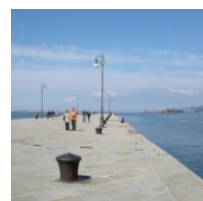
REGISTRATION FEE

The registration fee includes:

- Participation in the CAMP on 23, 24 and 25 July
- 2 nights in multiple rooms with breakfast
- didactic material
- player gadget kit
- lunch and pizza party 23 July
- lunch and after match BBQ 24 July
- entrance to the match 24 July

Mustangs Trieste Players	€ 150,00
AIGFA members (no Hotel)	€ 180,00
AIGFA members + Hotel	€ 210,00
Non members (no Hotel)	€ 260,00
Non members + Hotel	€ 300,00

TRIESTE IS WAITING FOR YOU



HOW TO PAY

- on-line by **credit card**
- by **bank transfer** in favour of:
Alpha Studio srl, via San Nicolò 19,
34121 Trieste, Italy
IBAN: IT 83 E 010 050 2202 0000 0000 6422
SWIFT BNL II TRR
In this case, please send a copy of the bank remittance slip by fax to +39 040 7600123 to confirm payment has been made.

CANCELLATION AND REIMBURSEMENT

Cancellations must be sent by e-mail or fax no later than 12 July, 2010. Cancellations within that date will be reimbursed subject to a deduction of € 30.00 to cover administrative costs. Cancellations after that date will not be reimbursed.

Reimbursements will only be made after the camp has closed and by bank transfer. All bank costs will be charged to the receiver.

REMINDER

Please bring the following with you to the Camp:

- Valid Identity Document
- Medical Certificate ascertaining fitness to play American Football
- EPS membership card and number for your sports association
- Football boots (for artificial grass)
- Helmet
- Protection as per NCAA 2010 rules
- For minors (under 16 years of age), authorization signed by parent with attached ID.

and

be punctual and respect the schedule

INFORMATION

Alpha Studio
Via San Nicolò 19,
34121 Trieste, Italy
tel. +39 040 7600101

info@alphastudio.it



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